

SIX



Breakfast & Brunch

BREAKFAST & BRUNCH SERVED FROM 9AM TO 3PM

The Originals

FARMER BREAKFAST GFO

Organic egg, mushrooms, hash brown, cherry tomato, streaky bacon, lamb sausages, sautéed purple potato, baked beans, organic toasted sourdough - *"hungry" version £17*

14

VEGETARIAN BREAKFAST V/ GFO

Organic egg, mushrooms, hash brown, cherry tomato, avocado, grilled halloumi, beetroot hummus, sautéed purple potato, baked beans, toasted sourdough - *"hungry" version £17*

14

PLANT BREAKFAST PB/ GFO

Mushrooms, hash brown, cherry tomato, avocado, pea and carrot falafel, beetroot hummus, Organic baked beans, organic toasted sourdough - *"hungry" version £17*

14

PESCATARIAN BREAKFAST GFO

Smoked salmon, mackerel, mushrooms, hash brown, cherry tomato & smashed avocado, sautéed purple potatoes, baked beans, toasted sourdough - *"hungry" version £18*

15

SMASHED AVOCADO TOAST PB*/ GFO

Smashed avocado, lemon, pepper on organic toasted sourdough, slowly roasted cherry tomato, poached egg*

10

Egg Benedicts

HAM BENEDICT GFO

Poached organic eggs, Sussex roasted ham, hollandaise sauce, pumpkin seeds on fresh Toasted sourdough or Brioche

11

AVOCADO BENEDICT V/ GFO

Poached organic eggs, smashed organic avocado, hollandaise sauce, pumpkin seeds on fresh toasted Sourdough or Brioche

10

Replace your eggs and sauce for scrambled tofu for a high protein vegan replacement

SALMON BENEDICT GFO

Poached organic eggs, oak smoked salmon, hollandaise sauce, pumpkin seeds on fresh toasted sourdough or on Brioche loaf

12

CRAB BENEDICT GFO

Poached organic eggs, fresh crab meat, hollandaise sauce, pumpkin seeds on fresh toasted sourdough or on Brioche loaf

12

V - Vegetarian

PB - Plant based

NGI - Non gluten ingredient

GFO - Gluten free option available



Brunch ^{SIX}

Morning Treats

BANANA BREAD PB/ NGI

Freshly baked banana & chocolate bread, served toasted with a choice of: -

Organic peanut butter (PB), Nutella (V) or Vegan chocolate & Hazelnut spread (PB)

-Complimentary sliced banana on request

8

ORGANIC EGGS ON TOAST V/ GFO

Three organic scrambled eggs on fresh organic toasted sourdough or Nordic seeded Rye - (Also Vegan with Scrambled organic tofu)

9

SALMON & RYE V/ GFO

Smoked Salmon, lemon, butter & toasted Nordic seeded Rye

12

CHEF'S CRUMPETS V/ GFO

Melted blue cheese on crumpet, honey glaze, strawberries

9

HOMEMADE ORGANIC PANCAKES

OUR PANCAKES ARE GLUTEN FREE, PLANT-BASED & ORGANIC

9

-Fluffy pancakes with fresh organic banana & nutella (Vegan chocolate & hazelnut spread available) - NGI/ V

9

-Fluffy pancakes, mixed berry compote, maple syrup & fresh berries - NGI/ PB

10

-Fluffy pancakes, maple syrup and organic bacon- NGI

Healthy Bowl

FRESHLY MADE TO ORDER USING 100% **ORGANIC** INGREDIENTS

8

ACAI BOWL

Acai smoothie bowl topped with gluten free granola, coconut chips, fresh berries and banana

Extras

Baked Beans, Mushroom, Hash brown, Beets Hummus - £1 each

Smashed avocado, Bacon, Sausage, Organic Egg, Grilled Halloumi - £2 each

Smoked Salmon - £3

NEW

Artisan Garlic Bread - £5

Organic Specialty Coffee

WE USE ORGANIC MILK ALSO

| | |
|------------------------------|-----|
| Espresso | 2.0 |
| Doppio Espresso | 2.5 |
| Americano | 2.6 |
| Latte | 3.3 |
| Flat White | 3.0 |
| Cappuccino | 3.3 |
| Organic Hot Chocolate | 3.7 |
| Nutella Latte | 4.0 |

ORGANIC COFFEE ROASTED IN BRIGHTON & HOVE
WOLFOX COFFEE

Plant Based Hot Drinks

ALMOND, SOY OR OAT

| | |
|--------------------------------------|-----|
| Turmeric Latte | 4.0 |
| Matcha Latte | 4.0 |
| Cappuccino, Flat White, Latte | 3. |
| Organic Vegan Hot Chocolate | 3.7 |

Organic Teas

| <i>Tea</i> | <i>Details</i> | |
|-------------------------|---------------------------------------|-----|
| The Earl of Grey | Black organic earl grey tea | 2.5 |
| Ever so English | Black organic breakfast tea | 2.5 |
| Green Tea | Green organic tea | 2.5 |
| Fresh Mint | Fresh Mint leaves | 2.0 |
| Chamomile | Organic herbal infusion – No Caffeine | 2.5 |

Cold Pressed

THE GREEN PRESS

You'll feel good about drinking our 100% cold-pressed juices because they're made with the freshest fruits and vegetables.

We don't use any heat during production, so you can be sure that all your favourite vitamins remain intact.

MORE COLD PRESSED JUICES CAN BE FOUND AT THE BRODWOLF
BAKERY NEXT DOOR TO US

Brunch Cocktails

| | |
|---|-----|
| Mimosa Prosecco, touch of orange juice | 8.0 |
| Bloody Mary Vodka, worcester sauce, tabasco, salt, pepper, lemon juice, tomato juice | 9.0 |
| Espresso Martini Organic vodka, kahlua, espresso coffee | 10 |
| Garden Fizz Hendricks, grapefruit bitters, elderflower, fresh mint, cucumber & prosecco | 10 |

Organic Smoothies

FRESHLY MADE TO ORDER USING 100% **ORGANIC** INGREDIENTS
All £7.5

GLOWING - mixed berries, banana, dates, acai berry, flax seeds, coconut oil, almond drink

ACTIVE - banana, plant protein, hemp seeds, almond drink, chia seeds, spirulina, dates

HUNGOVER – pineapple, coconut water, maca, banana

PERKY – cold-brew coffee, banana, peanut butter, coconut oil, almond drink, maple syrup

Soft Drinks

| | |
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| Organic Orange or Apple Juice | 3.0 |
| Peach, Pineapple, Cranberry or Tomato Juice | 3.0 |
| Organic sparkling presse – Cloudy lemonade or ginger beer | 4.0 |
| San Pellegrino Sparkling or Still Water | 3.0 |

Bottomless Prosecco

Available daily including bank Holidays - 10am to 3:00pm
At SIX we reserve the right to refuse alcohol to guests at any time

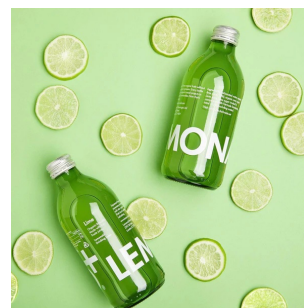
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| BOTTOMLESS PROSECCO | 22 |
| Add £22 supplement onto any breakfast-brunch dish and enjoy 1.5 hours of bottomless prosecco | |

Complimentary Options -

- Bottomless Mimosa (Prosecco & fresh orange Juice)
- Prosecco and Crème de Cassis

Organic LemonAid & Ice Teas

Nothing artificial, made only using real ingredients, like fresh fruit and a little raw cane sugar. No concentrates, artificial sweeteners, or flavourings



Organic Sparkling Drinks - all £4.0

- LIME
- BLOOD ORANGE
- PASSION FRUIT
- GINGER

Organic Iced Teas – all £4.0

- GREEN TEA
- ROOIBOS RED
- MATE BLACK TEA

